

## ***“I” (self-view) is not a problem***

Every ordinary person has the self-view. Most frequently in our life, we use words “I,” “me,” “my,” “mine” and “myself”. These words are used to express an identity and possession. Yes, this is the EGO. We have developed the self-view from the childhood. It is a part and parcel of our understanding process. As child grows up, the KNOWLEDGE is built up with “I” thought. The child accumulates knowledge with duality, like good and bad etc. Every spiritual teacher says that “I” is false self and illusory self.

Yes, “I” is illusory self. That is true. But on the other hand, when you say “I” is illusion this indicates that there are realities (or truth) too in our knowledge. Most spiritual teachers instruct their followers to recognize illusion as illusion. In other words, they ask to recognize “I” as illusion. They say: if you can recognize illusion as illusion, it (illusion) gets dissolved.

Is knowledge real? If knowledge is real, how does illusory “I” arise from the real knowledge? Many spiritual teachers have no answer for these questions. They say “I” is illusion but “chair” is real! As I have revealed in my article ‘King Kakille’s Judgment’, all knowledge that is acquired from gurus (teachers, parents etc.) is illusory. It is a useless attempt if you try to recognize “I” as illusion because you cannot recognize anything without illusory knowledge. You will never be able to eliminate self-view by recognizing the “I” as illusion. You will again be trapped by the illusion “I”. If one is attempting to get rid of self-view, OR attempting to recognize “I” as illusion, he/she will never find the truth”.

The “I” (self-view) is not the problem. The problem is the KNOWLEDGE. All knowledge is illusion. You cannot dissolve the illusion by RECOGNIZING illusion as illusion. Why? Because, you cannot RECOGNIZE anything without illusory knowledge.

If you have no self-view, you will never find the truth.

ආචාර්ය තිස්ස මස්නානායක  
E-mail:- [tissamahima@gmail.com](mailto:tissamahima@gmail.com)